

RSE

Year group: 5

Term: Summer

Keeping safe

Keeping safe in different situations, including responding in emergencies and first aid

Prior knowledge

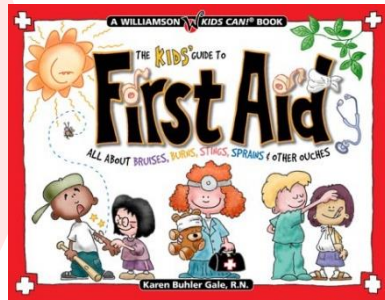
- the importance of taking medicines correctly and using household products safely
- to recognise what is meant by a 'drug'
- that drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) can affect health and wellbeing
- to identify some of the effects related to different drugs and that all drugs, including medicines, may have side effects
- to identify some of the risks associated with drugs common to everyday life
- that for some people using drugs can become a habit which is difficult to break
- how to ask for help or advice

National Curriculum Objectives

By the end of primary school:

Pupils should know

- where to get advice e.g. family, school and/or other sources.
- how to ask for advice or help for themselves or others, and to keep trying until they are heard.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.

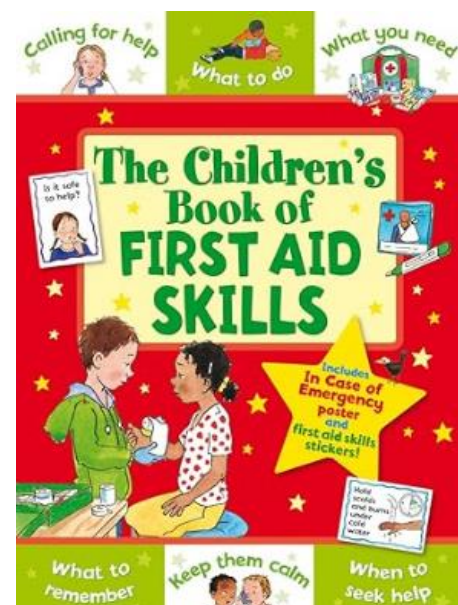


Topic overview

Stay safe and be kind. Even on your bad days, be kind. Not only to others, but to yourself.

By the end of this unit, I will be able to:

- to identify when situations are becoming risky, unsafe or an emergency
- to identify occasions where they can help take responsibility for their own safety
- to differentiate between positive risk taking (e.g. trying a challenging new sport) and dangerous behaviour
- how to deal with common injuries using basic first aid techniques
- how to respond in an emergency, including when and how to contact different emergency services



Key vocabulary

unsafe, emergency, risk, injuries, responsibility